

If you have any further questions on the use of Potter's Cough Remover ask your doctor or pharmacist.

#### 4. POSSIBLE SIDE EFFECTS:

Like all medicines this product can cause side effects, but not everyone gets them.

**If any of the following or other side effects occur, including allergic reactions, stop taking this product and consult your doctor or pharmacist:**

- Lobelia can cause nausea, vomiting, diarrhoea, coughing, tremors and dizziness. The frequency is not known.
- Allergic reactions including contact dermatitis may occur after ingesting Elecampane and White Horehound. The frequency is not known.

If other adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.

#### Making medicines safer:

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)  
By reporting side effects you can help provide more information on the safety of this medicine.

#### 5. HOW TO STORE POTTER'S COUGH REMOVER:

**Keep out of the reach and sight of children.**

Do not use Potter's Cough Remover after the expiry date. The expiry date is printed on the label and base of the carton.

Do not store above 25°C. Store in the original packaging.

Return any unused medicine to your pharmacist for safe disposal.

#### 6. FURTHER INFORMATION:

**Each 5 ml of oral liquid contains:**

12 mg Lobelia Herb (*Lobelia inflata* L.)

6.5 mg Ipecacuanha Root (*Cephaelis ipecacuanha* (Brot.))

0.1 ml Liquid Extract White Horehound Herb (*Marrubium vulgare* L.) (1:1) (equivalent to 100 mg White Horehound Herb)

Extraction solvent: Water.

0.075 ml Liquid Extract Elecampane Root (*Inula helenium* L.) (1:1) (equivalent to 75 mg Elecampane Root)

Extraction solvent: Water.

0.075 ml Liquid Extract Hyssop Herb (*Hyssopus officinalis* L.) (1:1) (equivalent to 75 mg Hyssop Herb)

Extraction solvent: Water.

#### This product also contains:

Ethanol, Tincture Capsicum Strong (Capsicum, ethanol, water), Star Anise Oil, Myrrh Tincture (Myrrh, ethanol, water), Treacle, Syrup (sucrose), Block Juice (Spray Dried Liquorice Powder), Avicel CL (Microcrystalline Cellulose, Carboxymethylcellulose), Strawberry Flavouring (natural), Water.

#### What Potter's Cough Remover looks like and contents of the pack:

Potter's Cough Remover is a dark brown liquid and is available in a 150 ml bottle.

#### Traditional Herbal Registration Holder and Manufacturer:

Potters, Wigan WN5 0JZ



Certification Mark

For further information, call **01202 449752**

If you would like a version of this leaflet in an alternative format, please call **01942 219960**

#### PATIENT INFORMATION LEAFLET



## COUGH REMOVER

WITH IPECACUANHA, LOBELIA AND EXTRACTS OF WHITE HOREHOUND, ELECAMPANE & HYSSOP

**PLEASE READ THESE INSTRUCTIONS BEFORE USE**

**This medicine is available without prescription. However, you still need to take Potter's Cough Remover carefully to get the best results from it.**

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 7 days.
- If you experience any side effects, please consult your doctor or pharmacist.

#### **IN THIS LEAFLET:**

1. What **Potter's Cough Remover** is and what it is used for
2. Before you take **Potter's Cough Remover**
3. How to take **Potter's Cough Remover**
4. Possible side effects
5. How to store **Potter's Cough Remover**
6. Further information

#### **1. WHAT POTTER'S COUGH REMOVER IS AND WHAT IT IS USED FOR:**

Potter's Cough Remover is a traditional herbal medicinal product used for the symptomatic relief of coughs, based on traditional use only. Containing Ipecacuanha, Lobelia and Extracts of White Horehound, Elecampane & Hyssop. For full details, see Section 6.

#### **2. BEFORE YOU TAKE POTTER'S COUGH REMOVER:**

##### **Do not take Potter's Cough Remover:**

- if you are allergic to any of the ingredients
- if you are pregnant or breastfeeding
- if you are under 12 years of age
- if you are taking medicines known to interact with alcohol (e.g. metronidazole)
- if you have obstruction or inflammation (cholangitis) of the bile duct, liver disease or intestinal obstruction (ileus).

##### **Consult your doctor before taking this product:**

- if you have an active peptic ulcer, gall stones or any other disorder affecting the bile ducts
- if you suffer from alcoholism.

See section 'Important information about some of the ingredients in Potter's Cough Remover' for further details.

##### **Taking other medicines:**

Please ask your doctor or pharmacist for advice if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

##### **Pregnancy and breastfeeding:**

You should not use Potter's Cough Remover if you are pregnant or breastfeeding because there is no evidence that it is safe to do so.

##### **Driving and using machinery:**

This product contains Ethanol (alcohol) and therefore it is advised that you do not take this medicine if you are going to drive or use machinery.

##### **Important information about some of the ingredients in Potter's Cough Remover:**

This product contains Sucrose (syrup).

**If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.**

This product also contains 15% v/v Ethanol (alcohol), i.e. up to 1.2 g per dose (10 ml), equivalent to 30 ml beer or 12.5 ml wine per dose. It may be harmful for those suffering from alcoholism and high-risk groups such as pregnant or breastfeeding women, children and patients with liver disease or epilepsy.

#### **3. HOW TO TAKE POTTER'S COUGH REMOVER:**

It is important that you follow the instructions carefully.

##### **Shake bottle well before use.**

##### **For oral use.**

##### **Adults and children over 12 years:**

Take two 5 ml teaspoonfuls after meals three or four times a day.

##### **Do not take for more than 7 days.**

##### **Not suitable for children under 12 years.**

If your condition worsens or your symptoms persist for more than 7 days, consult your doctor or pharmacist.

If you experience shortness of breath, high temperature or yellow, green or blood stained sputum, consult your doctor.

##### **If you take too much Potter's Cough Remover:**

Stop taking the medicine and consult your doctor or pharmacist. Overdose may cause alcohol intoxication. See Section 2 'Important information about some of the ingredients in Potter's Cough Remover'.

##### **If you forget to take Potter's Cough Remover:**

If you miss a dose, take your next dose at the usual time. Do not take two doses at the same time to make up for a missed dose. Always consult your doctor or pharmacist if you need further advice.